



Club Patron: Loretta Jones (nee Harrop)

Bimonthly Newsletter - June 2009

CLTC Presidents Note

As you are all aware the 34th Crackerjack Carnival was held over the weekend of the 29, 30 and 31st May and our club held a "slushee" stall as part of our club's major fund raising event for the year. The weekend was a great success with the club raising approximately \$1200 profit which will be directed directly back to CLTC to enable us to continue to purchase and/or replace equipment and fund our club's annual awards event.

To all those club members who volunteered their valuable time over the Crackerjack Carnival weekend and in preparing the logistics relating to the stall, a **big THANK-YOU!** Your club could not have achieved this without the support of each and every one of you.



In April the Committee submitted a proposal to renew our existing sponsorship arrangement with the Carina Leagues Club. It is with much excitement that I announce that the Carina Leagues Club have officially confirmed their commitment to renew their exclusive major sponsorship of the Carina Leagues Triathlon Club for a minimum term of 3 years. My thanks to **Warwick Dalziel** and **Belinda Wannell** for their assistance in preparing the clubs submission.

The Committee is also pleased to announce that the Clem Jones Centre Sports Club (aka Bowls Club) has recently provided our Club with an approval to build-in one of the bays located under the club in order to securely store our Club's Race Day Trailer. We will be working to schedule a date to perform this work in the next few weeks and will endeavour to keep you updated as news / developments come to hand.

It also given me great pleasure to receive positive comments regarding Assistant Coach **Jaimie Trotter** who has attended and is doing very well at the Level 2 Triathlon Coaching course conducted by Triathlon Australia - Well done Jaimie.

Even in the off season we have had a significant number of club members continue to participate in events, with many members reaching significant personal achievements, some "highlights" include:

- Busselton Half Ironman in Western Australia held on the 3rd May which saw **Nick McKeon** compete in this gruelling event - Congrats Nick!
- All Schools Cross Country in Strathpine was held on 15th May and resulted in **Dylan Holdsworth, Ellie Salthouse, Hannah Riall, Lachlan McAuliffe, Jamie White, Maddy Stoneman, Maddi Allan and Declan Lane** all qualifying for The Queensland Secondary Cross Country Championships which will be held at Toowoomba in Darling Downs Region from the 26 - 27 July 2009. Well done to you all!
- QLD Half Marathon, 10km Championships and 5km Fun Run at Doomben on 7th June provided a great turn out for the Club with some excellent results and PB's. Some highlights include **Clare Geraghty** and **Josh Maeder** who took overall first female and second male places respectively, and **Rhiannon Roberts** who took second place in her age group category at the Doomben 10km Championships. **Lee Masters** who came first in the 5 km Fun Run.
- Congratulations to **Ellie Salthouse** and **Maddi Allan** who have both been selected as part of the ITU Junior Team for the Aquathlon World Championships being held on 9th September on the Gold Coast.

Looking forward to the next few months, CLTC Group accommodation has now been finalised for the 2009 Capricorn Resort Half Ironman to be held in Yeppoon on the 16 August. This year our club has a record 13 athletes travelling to Yeppoon to compete in the gruelling 1.9km swim, 90.1km cycle and 21.1km run course and according to a recent X-tri newsletter, Carina Leagues Triathlon Club is co-leading with the Mackay Triathlon Club for the most entries (last count 13 entries each!)

Before I sign off, on behalf of the cold, wet, hungry and very grateful Club members who endured the Jacobs Well/Calypso Bay Ride on 21 June, I would like to sincerely thank **Ron** and **Nancy Allan** (Maddi Allan's Parents) who fired up the BBQ and served a delicious BBQ breakfast!

As always, if you have any suggestions concerning the Club that you wish to discuss please feel free to email (azaam@netspace.net.au). Alternatively do not hesitate to contact to your Vice President, Belinda Wannell (belinda.wannell@bigpond.com), Treasurer Ian Critchley (icritch@iprimus.com.au) or Secretary Jess Blake (zuttyjess@hotmail.com).

The next **CLTC Committee meeting** will be held at the Clem Jones Centre Sports Club at **7:00 pm** on **Tuesday 21st July**. All members are welcome.

Happy training!

Amanda Zaal

CLTC Triathlon Program - New Terms and Conditions

A friendly reminder to all Training Club members that from **1 July** the new **Squad Membership Types** and related **Terms and Conditions** take effect for the Carina Leagues Triathlon Program (refer attached).

Triathlon Queensland - Membership Renewals Due

In line with the Terms and Condition your Carina Leagues Triathlon Club membership, it is a mandatory requirement and sole responsibility of each competing / training CLTC Club Member to join Triathlon Queensland (TQ) and ensure that you hold a current TQ triathlon racing licence. Benefits of being a licence holder include but are not limited to:

- 24 hour personal accident insurance while training for and competing in sanctioned races in Australia
- discounted entry fee for all sanctioned races in Australia

Renewals for all Triathlon Queensland memberships are due by **30th June 2009**. For further information please visit <http://www.triathlonqld.com.au/>

Note: you will be requested to provide your TQ License number at the Club sign on day which will be held in September, 2009.

CLTC Triathlon Queensland Liaison Officer Required

The CLTC Committee is calling for nominations for a Triathlon Queensland Liaison Officer at next committee meeting (Tuesday 21 July 2009)

As a summary the Triathlon Queensland Liaison shall be responsible for:

- Acting as the main point of contact for Triathlon Queensland with CLTC (e.g. attending TQ meetings)
- Ensuring that the CLTC Committee is updated in a timely manner with regards to changes in TQ Policy where it has been adapted by CLTC (e.g. Code of Conduct)

For further information please do not hesitate contact any member of the CLTC committee.

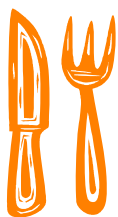
New Clem Jones Centre Entry Process – Commencing 1 July

From the **1st July, 2009** all members of the Carina Leagues Triathlon Club will be issued with a membership card for the Clem Jones Centre following the payment of their training fees. Membership cards must be presented to the reception staff upon entry into the Clem Jones Centre (i.e. you will no longer be required to “sign in” at the yellow CLTC folder).

During the initial transition period additional staff will be manning between 3.30 and 5.00 pm to process everyone's payment efficiently.

Please note: a **NO CARD, NO ENTRY, and NO TRAINING** Policy will be enforced, so please ensure that you carry your card with you at all times.

CLTC Chow down – All Welcome



The Carina Leagues Triathlon Club would like to issue an open and recurring invitation to all club members for a **“Dutch Treat”** dinner on the **first Tuesday of each month at 7pm** at the **Hogs Breath Cafe** located at **Westfield Shopping Town, Creek Road, Carindale** to catch, and chill out in a non training environment – and off course munch on a well deserved curly fry or two!! The first dinner to be held on **Tuesday July 7th at 7pm.**

Noosa Triathlon Entries

Noosa Triathlon Registration opened on **1 June, 2009** and reached capacity for individual entries within just a few days. A waiting list has opened, and if spots become available USM have indicated that they will be re-released to the public.

So if you haven't already, either join the individual entry waiting lists ASAP, join a team or risk missing out altogether!

For further information, visit <http://www.usmevents.com.au/ntmsf/index.html>

Next Edition

- CLTC Sign-on Day Details
- Construction Update: Secure storage area for the Club's Race Day Trailer

Best wishes from the Carina Leagues Triathlon Club Committee
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Thank-you to our sponsors



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