



20th April 2009

Carina Leagues Triathlon Club Powers on With Honours and Award Presentations

The Carina Leagues Triathlon Club held its Annual Awards Presentation Day on 18 April at the Camp Hill Bowls Club culminating the end of another very successful season.

At the function Head Coach Warwick Dalziel said: "This year the club had 13 athletes who made the Australian Age Group Sprint team.

"Another six people qualified for the Olympic Distance team to compete at the Triathlon World Championships on the Gold Coast in September later this year.

"This was a pleasing increase in participation from the four athletes who made the team for Vancouver in 2008."

Warwick said the qualification process involved athletes competing in a minimum of three races around Australia including some events at Hobart, Adelaide, Canberra, Gold Coast and Perth.

"All these athletes are to be congratulated for their wonderful performances based on fantastic application throughout the season," Warwick said.

All club members were invited to nominate who they thought might be worthy of a series of special awards at the presentation day.

Club President Amanda Zaal said people chosen as award winners therefore meant that they were recognised by their peers as being the most deserving athletes in the club for the season.

Amanda said the club had four award categories which included the Most Dedicated Trainer; the Most Improved Senior Club Member (over 18 years old); Most Improved Junior Club Member (under 18 years old); and, the Carina Leagues Triathlon Club Person of the Year.

Amanda said rain, hail or shine, the person for the award of the Most Dedicated Trainer rarely missed a training set and also gave 100 per cent effort at every training session.

"For the second year running, and setting an extraordinarily high benchmark, the recipient of this award was Ellie Salthouse," Amanda said.

The Most Improved Club athletes have made leaps and bounds towards his/her personal best times at training and during racing this season.

"The senior recipient of this award was Ursula Townsend, while the junior winner was Luke Willian," Amanda said.



The Carina Leagues Triathlon Club Person of the Year trains whenever possible, always encourages other Club Members to do their best, displays the ultimate in sportsmanship, and is someone who everybody looks up to and admires.

“The recipient of this award for this year was Kevin Cairns.

“He is an inspiration to all and is always ready to lend a helping hand,” Amanda said.

“We have had another fantastic season with strong growth and a very happy membership and we can hardly wait for the next season to roll around,” Amanda added.

The Carina Leagues Triathlon Club website at www.carinaleaguestriathlonclub.com has a wealth of information about all club activities and programs.